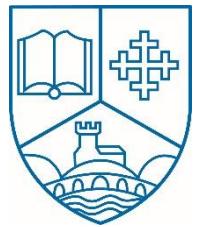


Bidford on Avon Church of England Primary School



NEWSLETTER 19 – 30th January 2026



Dates for your Diary (new dates added in green)

Tuesday 3rd February – Reception Space dress up day

Thursday 5th February – Parents Evening

Tuesday 10th February – Parents Evening

Friday 13th February – Break up for Half term

Monday 23rd February – Children return to school

Thursday 5th March – World Book Day

Friday 6th March – LKS2 Enrichment day

Monday 9th March – KS1 Enrichment day

Wednesday 11th March – SEND coffee morning at 9am (focus - ASD, an opportunity for parents/carers to share strategies and resources)

Friday 13th March – Non-uniform day (chocolate donation)

Monday 16th March – UKS2 Enrichment day

Tuesday 17th March – KS1 Trip to Cotswold Wildlife Park

Friday 20th March – Comic Relief Day

Friday 20th March – Easter Bingo

Friday 27th March – Break up for Easter

Saturday 18th April – BSA Car Boot Sale

Friday 1st May – SEND coffee morning (Focus - Mental Health, an opportunity for parents/carers to share strategies and resources)

Friday 19th June – Summer Disco

Tuesday 30th June – SEND coffee morning (Focus - Transition, how to prepare your child for change)

Reporting Your Child's Absence

If your child is going to be absent from school, it is very important that you inform us as soon as possible on the day of absence. This helps us ensure the safety and wellbeing of all our pupils and allows us to keep accurate attendance records.

You can contact the school by **9.15am** using one of the following methods:

- Calling the absence line on **01789 773201 (Option 1)**
- Emailing **admin3011@welearn365.com**
- Sending a message via the **School Gateway app**

The importance of a good night sleep

Sleep plays a vital role in a child's physical growth, emotional well-being, and academic success. Even at age 11, children still need 9–10 hours of quality sleep each night to function at their best. Adequate rest supports brain development, improves concentration and memory, strengthens the immune system, and helps regulate mood and behaviour. When children do not get enough sleep, they may struggle with attention, learning, and emotional control. Establishing consistent bedtime routines and limiting screen time before bed can make a meaningful difference. Prioritising sleep is one of the simplest and most powerful ways to support a child's overall health and daily performance.

Children need different amounts of sleep depending on their age, but all school-age children require more sleep than many people realize.

General sleep guidelines:

- **Ages 3–5:** 10–13 hours per night
- **Ages 6–12:** 9–12 hours per night
- **Ages 13–18 (teens):** 8–10 hours per night

Getting enough sleep helps with:

- Brain development and learning
- Memory and concentration
- Mood and behaviour regulation
- Physical growth and immune health

If you would like more information, help or guidance around creating a healthy bedtime routine, a free workshop is taking place at St Nicholas C of E Primary School in Alcester, on Tuesday 3rd March 9am to 10am. Please book here if you would like to reserve a space - <https://www.eventbrite.co.uk/e/sleep-and-routines-workshop-alcester-tickets-1976739976482>

Helping the local community

Our Year 5 pupils took part this week in a wonderful community project to help plant a new hedge around the school perimeter. This hands-on activity formed part of our wider community offer, giving children the opportunity to contribute positively to their environment while learning about teamwork, responsibility, and caring for nature. The pupils worked enthusiastically, showing great cooperation and pride in helping to improve the school grounds. Not only will the hedge enhance the appearance of the school, but it will also support local wildlife and create a lasting legacy of the children's hard work for years to come, we will enjoy watching it grow.

Parking Reminder

We have recently received complaints from our neighbours regarding parking during school drop-off and collection times. We kindly ask families to be mindful and refrain from parking outside neighbouring properties. To help ease congestion, please make use of the free car park located at the back of the fire station. Thank you for your cooperation in helping us maintain positive relationships with our local community and keep everyone safe.

Notes/Reminders

- If your child has sickness or diarrhea, they need to remain off school for 48 hours from the last episode

We have had a busy start to the week, with some fantastic learning taking place in the Upper KS2 class through their English work based on *Treason*.

It certainly looks like we have a few budding authors in the class, as they thought carefully about writing from different perspectives. In Lower Key Stage 2, the children have been measuring everything—so if you need anything measured, they are definitely the ones to ask!

Next week, we have the first of our parent consultations, with the second taking place the week after. It is always a special time when parents and teachers come together to share the achievements that have been made since the last meeting. We also have an athletics competition for Key Stage 2 children next Wednesday. Hopefully, I will have good news to report on the competition in the next newsletter.

I hope you all have a fantastic weekend.

Mr A. Morris



Breakfast Club Update!!

Hi all,

As we reach the half way point in the year we wanted to thank everyone that has supported the new breakfast club that is up and running at the school.

We are aware that with the closure of Bright Stars before school provision the club is going to become more popular and crucial for families that need this wrap around service, as such we wanted to share details on the club again and hope to welcome more children and families after half term to the club.

Here are some key details on the club.

Breakfast club is open everyday during school term time.

Times: Each session runs from 07:45am to 08:45am at 08:45 children are taken to classes for the start of the school day.

Cost: £5 a session per child.

Breakfast: Included and available till 08:35am. Breakfast options vary each day with a range of cereals, pastries and toast. If your child has allergies this needs to be added to their account when registering.

Booking info: We move to a new website for bookings after February half term. You will need to register on the new site before making a booking. Block bookings can be made for each half term with ad-hoc bookings available 7 days in advance up to midnight the day before the club.

Our aim is to be able to provide a space for any child or family that needs the club and will endeavour to support this. However all bookings must be made via the website.

Any questions or queries on the club contact us on the email address below.

redditch.alcester@onsidecoaching.co.uk



SLEEP AND ROUTINES WORKSHOP



TUESDAY 3RD
MARCH 2026



09:00-11.00 AM



ST NICHOLAS C OF E
PRIMARY SCHOOL

St Faith's Road,
Alcester, B49 6AG

Please note we are unable to
accommodate children during these
sessions.

For further information about this
workshop please email
ehparenttrainers@warwickshire.gov.uk



Scan the QR
Code and
book your
free place

Some of the areas the workshop
covers:

- **The importance of sleep**
- **Sleep cycles and how we sleep**
- **Sleep associations**
- **How to support sleep**
- **Common sleep issues**
- **How to implement positive routines**



For Warwickshire
parents only.